

## **BREAKFAST MENU**

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
	SPRII	NG BR	REAK	*
10  WHOLE WHEAT PANCAKES Syrup Cup Variety of Cereal Oatmeal, Variety Wheat Toast Jelly, Assorted Cups Seasonal Fresh Fruit Juice, 4 oz, Variety 1% Milk Skim Milk	11 EGGS & HASHBROWN Ketchup, Individual Cup Whole Grain Cinnamon Roll Variety of Cereal Oatmeal, Variety Seasonal Fresh Fruit Juice, 4 oz, Variety 1% Milk Skim Milk	12 BISCUITS & GRAW Variety of Cereal Oatmeal, Variety Wheat Raisin Toast Jelly, Assorted Cups Seasonal Fresh Fruit Juice, 4 oz, Variety 196 Milk Skim Milk	13  BREAKFAST BURRITO Salsa Variety of Cereal Oatmeal, Variety Homemade Chocolate Chip Muffin Homemade Muffin, Plain Homemade Blueberry Muffin Seasonal Fresh Fruit Juice, 4 oz, Variety 196 Milk Skim Milk	14 BREAKFAST PIZZA Variety of Cereal Oatmeal, Variety Whole Wheat English Muffin Jelly, Assorted Cups Seasonal Fresh Fruit Juice, 4 oz, Variety 1% Milk Skim Milk
17 WHOLE GRAIN DUTCH WAFFLE Syrup Cup Variety of Cereal Oatmeal, Variety Wheat Toast Jelly, Assorted Cups Seasonal Fresh Fruit Juice, 4 oz, Variety 1% Milk Skim Milk	EGGS & SAUSAGE PATTY Whole Grain Cinnamon Roll Variety of Cereal Oatmeal, Variety Seasonal Fresh Fruit Juice, 4 oz, Variety 1% Milk Skim Milk	19 YOGURT PARFAIT Variety of Cereal Oatmeal, Variety Wheat Raisin Toast Jelly, Assorted Cups Seasonal Fresh Fruit Juice, 4 oz, Variety 1% Milk Skim Milk	20 HAM & CHEESE BREAKFAST SANDWICH Ketchup, Individual Cup Variety of Cereal Oatmeal, Variety Homemade Blueberry Muffin Homemade Muffin, Plain Homemade Chocolate Chip Muffin Homemade Pumpkin Chocolate Chip Muffin Seasonal Fresh Fruit Juice, 4 oz, Variety 196 Milk Skim Milk	21 BREAKFAST PIZZA Variety of Cereal Oatmeal, Variety Whole Wheat English Muffin Jelly, Assorted Cups Seasonal Fresh Fruit Juice, 4 oz, Variety 1% Milk Skim Milk
24 FRENCH TOAST STICKS Syrup Cup Variety of Cereal Oatmeal, Variety Wheat Toast Jelly, Assorted Cups Seasonal Fresh Fruit Juice, 4 oz, Variety 196 Milk Skim Milk  This institution is	25 BREAKFAST SANDWICH Ketchup, Individual Cup Whole Grain Cinnamon Roll Variety of Cereal Oatmeal, Variety Seasonal Fresh Fruit Juice, 4 oz, Variety 1% Milk Skim Milk	26  WHOLE GRAIN WAFFLES Syrup Cup Variety of Cereal Oatmeal, Variety Wheat Raisin Toast Jelly, Assorted Cups Seasonal Fresh Fruit Juice, 4 oz, Variety 1% Milk Skim Milk	27 BREAKFAST BOWL Ketchup, Individual Cup Salsa Variety of Cereal Oatmeal, Variety Homemade Chocolate Chip Muffin Homemade Blueberry Muffin Homemade Pumpkin Chocolate Chip Muffin Seasonal Fresh Fruit Juice, 4 oz, Variety 1% Milk Skim Milk	28 SAUSAGE & PANCAKE BITES Syrup Cup Variety of Cereal Oatmeal, Variety Whole Wheat English Muffin Jelly, Assorted Cups Seasonal Fresh Fruit Juice, 4 oz, Variety 1% Milk Skim Milk