

Ban The Candy & Junk Food

Parents can control the amount of how much kids should eat each day. Kids should have the parents pick out how much candy they should have. you should not have a lot of candy or chips & a lot more. If you eat too much junk food you would get really sick.

If you eat too much candy you can get obesity & heart disease. And that is why you should not eat candy so much. If you really like junk food you are going to get sick.