

Children should not be allowed to buy junk food

Kids should not be allowed to buy junk food. Kids need parents' help. Parents have more control over what their kids eat outside the house. Kids need them to eat healthier food. Junk food causes obesity and heart disease about one in five kids in the u.s. Having obesity and soda can add a lot of extra calories to a kid's diet.

The long term consequences of food there eating we should teach them how to make healthier choices we have to teach children to think.

That banning the sale of junk food to kids won't encourage. They might get sick because of eating junk food . Junk food is really bad for you. Food that is not good has a lot of sugar in candy and drink's. Research shows that eating too much junk food can lead to obesity. That's the condition of being severely overweight.

Do not eat a lot of junk food because it is really bad for your body that is why you should not eat junk food. You can eat just a little bit of junk food. And eat healthy food more so your body can be Healthy. And that is why you should not be allowed to buy junk food only if your parents let you. if you buy some junk food you will get the consequences.