

MUSEUMS

BYU Museum of Art
BYU Museum of Paleontology
Monte L. Bean Life Science Museum
Provo Pioneer Village
Springville Museum of Art
Hutchings Museum in Lehi
SCERA Center for the Arts

OTHER

Provo Rec Center & Pool
Peaks Ice Arena
Orem/Provo/Springville Public Library
Utah Lake State Park
Central Utah Gardens
Thanksgiving Point
Splash Summit Water Park
University Mall Events
Provo & Orem Farmers Market
Pioneer Park Splash Pad

*Please reach out to your students' school or the district Nutrition Services for decisions and updates about meals provided by the district throughout the summer. *

(801) 374-4867

SUMMER RESOURCES

FOOD

Mobile Food Pantry (Utah Food Bank)

Monday: 8-11 am, 85 E 700 N, Orem
Thursday: 8 am, 1149 N 300 W, Lehi
Friday: 8 am, 1138 W 100 S, Spanish Fork

Community Action

815 S Freedom Blvd., Provo. Food pantry available, must bring picture ID and fill out client intake form

Food & Care Coalition

299 E 900 S Provo. Provides 3 meals a day for families in need.

HOUSING

Community Action

815 S Freedom Blvd., Provo, communityactionprovo.org
Emergency hotel vouchers, rent and deposit assistance.

HEAT Program

801-229-3855, heat@mountainland.org
Provides help to pay various utilities

MEDICAL

Medicaid

1550 Freedom Blvd., Provo, 801-806-0950
FREE medical insurance for qualifying families

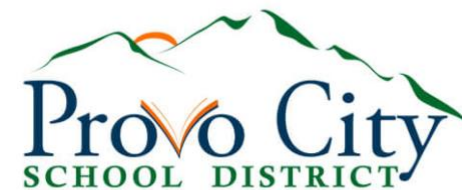
Volunteer Care Clinic

589 S State St., 801-812-8094
FREE basic medical checks

UVU Hygiene Clinic

9865 S Geneva Rd., Orem, 801-863-7608
Basic dental procedures. \$15 child, \$25 adult.

FOR ANY OTHER RESOURCES CALL 2-1-1



2021 SUMMER ACTIVITIES

Free or low-cost summer activities for students and their families!

JUNE

Provo City Library Summer Reading Program

June 1-July 31

Disney's Tarzan The Stage Musical

June 4-11, Scera Shell Outdoor Theater

Springville Art City Days

June 5-12

Boys & Girls Club Camp session 1

June 7-25, bgcutah.org

Saratoga Splash Days

June 7-12

Orem City Summerfest

June 7-12

Movies Under the Stars

June 9 & 16, Scera Shell Outdoor Theater

Provo Children's Parade

June 26

Stars and Stripes Beach Party

June 26, at the Riverwoods

JULY

Orem Sunset Farmers Market

Every Wednesday

Matilda The Musical

July 1-7, Xango Grand Theater Orem

Freedom Days

July 2-5

Balloon Fest

July 2-5

Stadium of Fire

July 3

Grand Parade of Provo

July 5

Freedom Run

July 5

American Fork Steel Days

July 5-10

Movies Under the Stars

July 7 & 14, Scera Shell Outdoor Theater

Payson Scottish Festival

July 9 & 10

Boys & Girls Club Camp session 2

July 19-Aug 6, bgcutah.org

Days of '47 Float Preview

July 19-20, Mountain America Expo Center

Cowboy Games & Rodeo

July 20-24, Utah State Fair Park

Days of '47 Parade

July 23, Downtown SLC

Fiesta Days Spanish Fork

July 20-14

AUGUST

Movies Under the Stars

Aug. 4 & 11, Scera Shell Outdoor Theater

Seven Brides for Seven Brothers

Aug. 4 & 5, Shell Outdoor Theater

Utah Renaissance Fair

Aug. 27-28

School Starts!

Aug. 18

SUMMER BUCKET LIST

Inside Play

- Have "Art time" every day
- Make your own board game
- Make an imovie (past vacations, collection of family photos, photo shoot)
- Make a photo scrap book
- Make a Shutterfly photo book
- Make a Keynote presentation of family adventures, research an animal, or an extended family tree
- Learn to draw the U.S or World
- Make bath bombs
- Cardboard Fort
- Do nail art
- Daily Chores
- Learn an instrument
- Learn to finger knit
- Bake breads, cookies or muffins
- Bake and decorate sugar cookies
- Bless your elderly neighbor with a bag of goodies
- Tie dye
- Make slime
- Prep and make dinner
- DIY Crafts on YouTube
- Lego challenge
- Teach your dog new tricks
- Window marker art
- Read aloud books
- Clean out closets, cupboards, garage + make donation pile
- Easter Indoor Egg Hunt w/Money
- DIY Cardboard crafts on YouTube
- Mail a letter to friend or family
- Play balloon tennis or soccer
- Color or paint
- Make jewelry
- Learn to sew
- Pick flowers and leave a bouquet on neighbors door
- Play cards, boardgames, puzzles
- Indoor hopscotch or obstacle course
- Make a fart

Outdoor Play

- Family obstacle course
- Hopscotch to 200
- Family soccer, basketball, pickleball, flag football, volleyball
- Four square
- Wash parents car
- Squirt gun fight
- Water balloon war
- Make a bird feeder
- Nerf gun fight
- Sidewalk chalk paint
- Walk the beach
- Laser tag
- Water gun target shooting
- Give your bike a bike wash
- Go on an animal hunt in the neighborhood and make a list
- Nature Scavenger Hunt and explore
- Make a veggie or herb garden
- Hike or bike ride
- Look for sea glass or shells at beach
- Ride your bike on beach or dirt path
- Find a creek, make a dam, waterfall or catch tadpoles
- Family paddle or surf in ocean or lake
- Treasure map \$\$ Egg Hunt
- Paint rocks
- Do an outside Workout Video

Online Fun

- Google Art Projects for child's grade
- Red Ted Art for fun Art (YouTube)
- Babble Dabble Do on YouTube STEM Science
- Linesacross.com for beginning water coloring
- Draw So Cute for Character Art (YouTube)
- Maffalo Patafo for drawing characters (YouTube)
- Go Doodle
- Virtual Zoo or National Park Field trips
- Kidnuz.org for kids news and current events
- Art Hub for Kids
- FaceTime family and friends
- Just Dance (Apple TV or YouTube)
- Watch Bill Nye the Science Guy
- Yoga for kids (YouTube)
- Walk a Mile (YouTube)
- Listen to Storypirates.com
- Kids Dance Classes on YouTube
- Mystery Science
- Visit a virtual zoo Pittsburgzoo.org or philadelphiazoo.org
- Stuck At Home Science (californiasciencencenter.org)
- Switchzoo Animal Videos
- DIY Kids Science experiments on YouTube

@eat.play.sleep.training